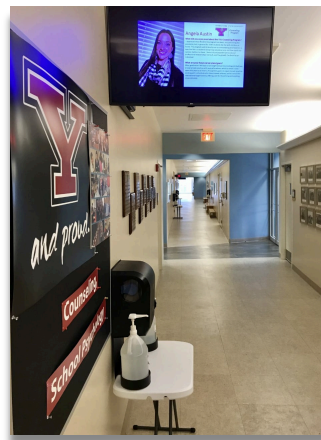


Youngstown State University

Counseling Program (M.S.Ed.)

**Department of Psychological Sciences and Counseling
Beeghly College of Liberal Arts, Social Science & Education**



Addiction Counseling, Clinical Mental Health Counseling, College Counseling & Student Affairs; and School Counseling (CACREP-Accredited Graduate Program Tracks)

Annual Report 2022-2023

**Submitted by Dr. Jake J. Protivnak
Counseling Program Director**

YSU Counseling Program
Department of Psychological Sciences & Counseling
2022-2022 Annual Report
Summer 2022, Fall 2022, Spring 2023

The Counseling Program is located in the Department of Psychological Sciences and Counseling in the Beeghly College of Liberal Arts, Social Sciences and Education (BCLASSE). The Counseling Program has four CACREP-accredited program tracks to prepare students for careers as professional clinical mental health counselors, school counselors, addiction counselors, college counselors and student affairs professionals.

Mission:

The mission of the YSU Counseling Program is to educate students, and to help them develop into licensed professional counselors and related professionals who are sensitive to the impacts of human development, culture, and context upon students and consumers of counseling services - who are caring and compassionate counselors and people; who are self-reflective; who promote opportunity and social justice for the impoverished urban and rural populations; and, who are committed to empowering consumers of counseling services to thrive, and to achieve their fullest potential.

Academic Focus:

Practical experiential activities are required of students to demonstrate skills from each course and the graduate program culminates with a yearlong 750-hour practicum/internship in the community. The Counseling Program continues to remain committed to its stated mission through ongoing accreditations by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). The Counseling Program has full approval by the Ohio Counselor, Social Worker, and Marriage and Family Therapists Board, Ohio Chemical Dependency Professionals Board, and the Ohio Department of Education. The Counseling Program engages in ongoing program development based on accrediting bodies' and licensure boards' developments and recommendations.

Student Centered:

Counseling faculty provide a learning climate that is open, accepting, intellectually honest, and professionally challenging for students. Program faculty directly advise and mentor students, to enhance students' learning experiences, to serve the community, the counseling profession, and consumers of counseling services. The Counseling Program manages a Community Counseling Clinic in which students are required to provide a semester of counseling to a variety of individuals in the community. The YSU Counseling Program maintains a chapter of the International Honor Society for Counselors (Chi Sigma Iota), and also another student organization (SALSA) Student Affairs Leadership Support Association that provide additional opportunities for student engagement, professional development, community service, leadership, and recognition. Four Counseling Program scholarships are available for students as well as a number of Graduate Assistants. Counseling faculty consistently receive strong teaching evaluations (and other awards recognizing teaching excellence). Current students/alumni often refer friends and family to the Counseling Program because of their positive experience.

Regional / State / National Needs:

There is a strong market demand for counselors as evidenced by a 100% hiring rate of our Counseling Program graduates by community mental health centers, addiction counseling agencies, private practices, schools, and colleges who are actively seeking positions. Within the tri-state area, YSU is the only Counseling Program that offers four CACREP accredited program tracks (i.e., Addiction

Counseling, Clinical Mental Health Counseling, School Counseling, College Counseling & Student Affairs). Remarkably, many of our Counseling Program interns are hired by their agency before they graduate. According to the Bureau of Labor Statistics (BLS), there continues to be a strong need for licensed professional clinical counselors, licensed school counselors, licensed/certified chemical dependency counselors, student affairs professionals, and workers in community and social service organizations. The Counseling field is expected to grow “much faster than average” for all occupations.

Community Impact:

2175+ master’s students have graduated from the Counseling Program since its inception in 1968. The Counseling Program maintains strong partnerships in high need urban and rural areas for field-based training resulting in strong connections with alumni, program supervisors, agencies, schools and community leaders. The Counseling Program has a history of a strong service to our community through the field placements of our interns, services delivered by our Community Counseling Clinic, and a number of contracts for Graduate Assistants working in local school districts and colleges. Each year, Counseling Program interns provide in sum an excess of 20,000 hours of counseling, advising, programming, and other duties to the community. Faculty also engage in the community through their collaborative participation in grants, research, program evaluation, and service on advisory boards for community agencies and our student organizations provide a number of hours of community service each year.

Highlights:

The Counseling Program faculty has consistently high research productivity, strong teaching evaluations, and service involvement on-campus, in the community, and within the profession (e.g., faculty and alumni have served as officers of national and state Counseling organizations). The Counseling Program was a recent recipient of the Outstanding Counselor Education Program Award from the Association for Counselor Education and Supervision (ACES). Alumni serve as practitioners, supervisors and administrators in counseling agencies, schools and universities in Northeast Ohio, Western Pennsylvania and across the nation. Most graduates pursue employment in the field of counseling and student affairs, however some chose to use their Counseling degree in other areas (e.g., current Mayor of the City of Youngstown, Jamael Tito Brown, is a program graduate). The Counseling Program has been a program of distinction at YSU due to the productivity of faculty and success of our alumni.

Counseling Program Descriptive Information

Counseling Program Leadership:

- Graduate Program Director – Dr. Jake Protivnak
- Program Coordinators
 - Addiction / Clinical Mental Health Counseling – Dr. Victoria Kress
 - College Counseling & Student Affairs – Dr. Kristin Bruns
 - School Counseling – Dr. Emily Herman McMillan
- CACREP Coordinator – Dr. Victoria Kress
- Community Counseling Clinic Director – Dr. Victoria Kress
- Assessment Coordinator – Dr. Emily Herman McMillan
- Student Organization Faculty Advisors:
 - Chi Sigma Iota, Eta Chapter – Dr. Jake Protivnak
 - SALSA – Dr. Kristin Bruns

Counseling Faculty for 2022-2023:

- | | |
|-----------------------------|--------------------------|
| • Kim Barrella | • Dr. Victoria Kress |
| • Dr. Kristin Bruns | • Dr. Bilal Kalkan |
| • Angie Cameron | • Anne Lally |
| • Kubra Civan | • Julie Lenyk |
| • Dr. Justin Edwards | • Dr. Don Martin |
| • Tysa Egleton | • Danielle Matos |
| • Meghan Fawcett | • Christy McAllister |
| • Rick Fawcett | • Jessica McRoberts |
| • Hillary Furhman | • Dr. Kenneth Miller |
| • Daniela Ghizzoni | • Dr. Jake Protivnak |
| • Christy McAllister | • Staci Tessmer |
| • Dr. Emily Herman-McMillan | • Sonya Thompkins |
| • Carmella Hill | • Stephanie Volpini-Hann |
| • Joshua Hill | • Dominic Venetti |
| • Erin Hungerman | • Diana Wolf |
| • Jim Hyland | • Chris Yannon |
| • Alison Kaufman | |

New Faculty/Staff for 2022-2023:

- Shelley Urchek-Geist, Community Counseling Clinic, Academic Operations Specialist 2, effective March 19, 2023
- Dr. Bilal Kalkan, Full-time Lecturer in Counseling (Core) effective Fall 2022.
- Kubra Civan, Part-Time Counseling Faculty, effective Fall 2022
- Joshua Hill, Part-Time Counseling Faculty, effective Spring 2023
- Dominic Venetti, Part-Time Counseling Faculty, effective Spring 2023
- Chris Yannon, Part-Time Counseling Faculty, effective Spring 2023
- Diana Wolf, Part-Time Counseling Faculty, effective Spring 2023

Departures of Faculty/Staff in 2022-2023:

- Dr. Don Martin, Professor and School Counseling Program Coordinator (Core Faculty) retired in August 2023.
- Dr. Bilal Kalkan, Lecturer, Counseling Program (Core Faculty) resigned and accepted a tenure-track position at Marymount University in August 2023
- Amalia Kostantas, Dept. Admin. Assistant, transferred to YSU Penguin Service Center effective June 30, 2023.
- Christy McAllister, Part-Time Counseling Faculty, accepted admission into the doctoral program at University of North Carolina - Charlotte.
- Alissa Pletcher, Community Counseling Clinic Secretary, in Summer 2022.

Selected 2023-2024 Applied for Doctoral Intern (hired as PT Faculty):

- Mykka Gabriel, Counselor Education Doctoral Student at Kent State University

Counseling Program Facilities:

- Program Office (4th Floor Beeghly Hall)
- Faculty Offices & Classrooms (4th & 3rd Floor Beeghly Hall)
- Community Counseling Clinic (3rd Floor Beeghly Hall)

Counseling Program Online Information:

- Facebook - <https://www.facebook.com/ysucoun>
- Twitter - https://twitter.com/ysu_coun
- Instagram - https://www.instagram.com/ysu_coun/
- Linked In - <https://www.linkedin.com/company/youngstown-state-university-counseling-program/>
- YouTube - https://www.youtube.com/@ysu_coun
- Website - <https://ysu.edu/academics/beeghly-college-liberal-arts-social-sciences-education/counseling-msed>
- YSU Graduate Catalog - <https://catalog.ysu.edu/graduate/graduate-programs/master-science-education-counseling/>

Counseling Program Assessment/Outcomes:

- 2022 Assessment Report - <https://ysu.edu/academics/beeghly-college-liberal-arts-social-sciences-education/counseling-msed>
- Student Outcomes - <https://ysu.edu/academics/beeghly-college-liberal-arts-social-sciences-education/counseling-msed>
- Program Data (YSU Office of Institutional Research and Analytics) - <https://ysu.edu/institutional-research-and-analytics/campus-facts>

Counseling Program Documents / Data:

- Physical files – 4th floor storage room, 3rd Floor storage closets
- Digital files – YSU Teams/One Drive (CACREP; Counseling Program, etc.)

Counseling Program Modifications or Substantial Changes in 2022-2023:

- CACREP Reaccreditation site visit April 21-23, 2023. Program adjustments and modifications made in preparation for the site visit (e.g., updates to program assessment,

course syllabi, forms, etc.). All four Counseling Program options (i.e., Addiction Counseling, Clinical Mental Health Counseling, College Counseling & Student Affairs, and School Counseling) were reaccredited through October 31, 2031.

Faculty Publications, Presentations, and Grants – Examples:

Faculty	Details
Kristin Bruns	Bruns, K. & Schnyders, C. (2022). Counseling Termination: Tools for Ethically Sound and Relationally Meaningful Closure. NCACES 2022 Conference. Omaha, NE.
Kristin Bruns	Schnyders, C. & Bruns, K. (accepted, 2022). Taking a Genuine Approach to Self-care. In Flamez, B. & Lenz, S. (Eds.), Practical Approaches to Crisis and Counseling Trauma: Prevention, Assessment, & Intervention.
Kristin Bruns	Bruns, K., & Herman McMillan, E. R. (2023). Supporting students (and yourself). Presented for faculty at Youngstown State University. YSU ITL Fresh Start Series 2023. Youngstown, OH.
Kristin Bruns	Bruns, K. (2022). Strategies for Support Workshop. Invited Speaker. YSU ITL partnership with Math Department. Youngstown State University.
Kristin Bruns	Bruns, K., Herman McMillan, E. R., Lally, A., & Stephens, K. (2023). How's the Weather in Your Head? Presented for Youngstown State University. Sponsored by YSU Student Counseling Services. Youngstown, OH.
Emily Herman McMillan	Dollarhide, C. T., Parsons-Christian, E., Arjune, B., Shrewsbury, S., & Herman McMillan, E. R. (2022, December). Social justice supervision: Model and practice. Presented for the North Central Association for Counselor Education and Supervision Webinar Series.
Emily Herman McMillan	Bruns, K., & Herman McMillan, E. R. (2023) Supporting students (and yourself). Presented for faculty at Youngstown State University. YSU ITL Fresh Start Series 2023. Youngstown, OH.
Emily Herman McMillan	Bruns, K., Herman McMillan, E. R., Lally, A., & Stephens, K. (2023). How's the Weather in Your Head? Presented for Youngstown State University. Sponsored by YSU Student Counseling Services. Youngstown, OH.
Victoria Kress	Kress, V. E., Whisenhunt, J., Stargell, N. A., & McAllister, C. A. (in press). Experiential therapies and nonsuicidal self-injury. In Oxford handbook of non-suicidal self-injury.
Victoria Kress	Kress, V. E., Shannonhouse L., & Woloch, C. (in press). Multicultural diagnosis and conceptualization. In D. G. Hays & B. T. Erford (Eds.), Developing multicultural counseling competence: A systems approach (4th ed., pp. XXX-XXX). Pearson.
Victoria Kress	Whisenhunt, J., Hall, A., & Kress, V. E. (2021, Spring). Supervision and client self-injury: Using creativity to support supervisees' growth. Chi Sigma Iota Exemplar, 36(1), 42-47.
Victoria Kress	Kress, V. E. & Protivnak, J. J. (2023, Feb. 15 th). Strength-Based

	Remediation Conversations with Supervisees. Eastern Ohio Counseling Association. Youngstown, OH.
Victoria Kress	Protivnak, J. J., Kress, V. E. , Spisak, T., & Clause, F. (2022, Oct. 18 th). <i>Supporting Struggling Supervisees: Strength-Based Support and Remediation Strategies</i> . Presented at the 2022 All Ohio Counselors Conference, Columbus, OH.
Victoria Kress	Kress, V. E. , Forner E., & Reider, A. (2022, Oct. 18 th). <i>Nonsuicidal Self-Injury: Ethics and Legal Considerations for Counselors</i> . Presented at the 2022 All Ohio Counselors Conference, Columbus, OH.
Victoria Kress	Kress, V. E. , Craigen, L., Whisenhunt, J. L., & Spencer, S. (2023). Creative interventions for use with those who self-injure. Presented at the American Counseling Association's annual conference, Toronto, CA.
Victoria Kress	Kress, V. E. , Craigen, L., & Whisenhunt, J. L. (2023). Nonsuicidal self-injury: Ethics and legal considerations for counselors. Presented at the American Counseling Association's annual conference, Toronto, CA.
Victoria Kress	Kress, V. E. (2022). Growing leaders: Tips and tricks for creating, implementing, and sustaining a thriving emerging leaders program. ACA Midwest Region Leadership Institute, Virtual Conference.
Victoria Kress	Kress, V. E. (2022). Counselor advocacy: A professional imperative. ACA Midwest Region Leadership Institute, Virtual Conference.
Victoria Kress	Kress, V. E. , Dotson-Blake, K., Hartwig-Moorehead, H., Fernandez, S., Duncan, K. (2022). The importance of advocacy for advancing professional counselor identity. Presented at the annual meeting of the North Central Association for Counselor Education and Supervision, Omaha, NE.
Victoria Kress	Wilson, M., & Kress, V. E. (2022). Counselor advocacy at the local, state, and regional level. Presented at the annual meeting of the North Central Association for Counselor Education and Supervision, Omaha, NE.
Victoria Kress	Kress, V. E. (2022). Child advocacy across the globe. International Global Network. Jakarta, Indonesia.
Bilal Kalkan	Kalkan, B. , Kilic, A. F., & Duran Yilmaz, A. (2022). Teknoloji kullanımında ebeveyn tutum ölçeğinin geliştirilmesi (Development of Parental Attitude Scale towards use of technology). <i>Erken Çocukluk Çalışmaları Dergisi (Journal of Early Childhood Studies)</i> , 6(2), 364-386. https://doi.org/10.24130/eccdjecs.1967202262367
Bilal Kalkan	Kalkan, B. (2022). Behavioral theory (Translation Eds. Bastemur, S. & Kursuncu, M. A.). In Ginter, E. J., Roysircar, G., & Gerstein, L. H (Eds.). <i>Theories and applications of counseling and psychotherapy: Relevance across cultures and settings (Psikolojik danışma ve psikoterapi kuramlari ve uygulamalari: Farklı kültürlerle ve bağlamlara uygunluğu)</i> . Ankara: Nobel Akademi Yayıncılık.
Don Martin	Alvarado, H., Martin, M., & Martin, D. (2022). Attachment, infidelity, and divorce among military spouses during active-duty

	members' deployment. <i>Journal of Global Engagement and Transformation</i> , 2(3) 1-18.
Don Martin	Martin, D. (2022). GAls for Youngstown City School District. Grant from Youngstown City School District (\$100,000+).
Kenneth Miller	VanVoorhis, R. W., Miller, K. L. , Miller, S. M., Fisher, M., & Galentine, M. D. (2023). Serving students and families with a child diagnosed with a low-incidence sensory disability: A practitioners guide for school psychologists and related service professionals. Available from Youngstown State University, Youngstown, OH.
Kenneth Miller	VanVoorhis, R. W., Miller, K. L. , Miller, S. M., Galentine, M. D., & Fisher, M. (2023). Strategies for enhancing resilience in families with a child diagnosed with a low-incidence sensory disability: A parent guide. Available from Youngstown State University, Youngstown, OH.
Kenneth Miller	VanVoorhis, R. W., Miller, K. L. , & Miller, S. M. (2022). Promoting equal access to mental health services in rural Ohio: Perspectives through a social consciousness lens. <i>The Ohio Psychologist</i> , 69, 22-25.
Kenneth Miller	Ratican, S., Miller, K. L. , Cripe, M. K., Ratican, C., & Miller, S. M. (2022). Harnessing organizational leadership and cultural competence to create equitable and sustainable learning environments: The case of inner-city schools. <i>Journal of Education Human Resources</i> .
Kenneth Miller	VanVoorhis, R. W., Miller, K. L. , & Miller, S. M. (2022). Bridging the gap between school psychology interns' job expectations and workplace demands: Implications for training. <i>School Psychology Training and Pedagogy</i> .
Kenneth Miller	VanVoorhis, R. W., Miller, S. M., & Miller, K. L. (2022, April). Promoting resilience in families with a child diagnosed with a low-incidence disability. Book of Abstracts, International Family Therapy Association World Congress, San Juan, Puerto Rico. Online: ifta-congress.org.
Kenneth Miller	VanVoorhis, R. W., Miller, K. L. , & Miller, S. M. (2022, April). Using vocational assessments to promote social justice for underserved families. Book of Abstracts, International Family Therapy Association World Congress, San Juan, Puerto Rico. Online: ifta-congress.org.
Kenneth Miller	Miller, S. M., Cripe, M. K., Miller, K. L. , & VanVoorhis, R. W. (2022, April). A School-centered model for promoting family development and wellness in impoverished communities. Book of Abstracts, International Family Therapy Association World Congress, San Juan, Puerto Rico. Online: ifta-congress.org.
Kenneth Miller	Miller, K. L. , Miller, S. M., & VanVoorhis, R. W. (2022, April). A school-based assessment model to promote cultural competence and student well-being. Book of Abstracts, International Family Therapy Association World Congress, San Juan, Puerto Rico. Online: ifta-congress.org.
Kenneth Miller	VanVoorhis, R.W. & Miller, K. L. (2022, December). Program to

	Develop Products & Resources for Use by Ohio School Psychologists in Improving Learning Outcomes for Children with the Most Intense Learning Needs. Grant from the Ohio Dept. of Education through U. of Cincinnati (\$34,083).
Kenneth Miller	VanVoorhis, R.W., Miller, K.L. , Miller, S.M., Gallentine, M. & Fisher, M. (2023, April). Supporting Mahoning Valley's parents of children with disabilities: A resilience model. Presentation for the Youngstown State University Community Engagement Conference, Youngstown, Oh.
Kenneth Miller	Miller, K. L. & Miller, S. M. (2023, April). Challenges to ubiquitous learning in an age of ubiquitous computing. Discussion session presented at the Sixteenth International Conference on e-Learning and Innovative Pedagogies, University of Malta, Valletta, Malta.
Kenneth Miller	Miller, S. M., & Miller, K. L. (2023, April). Five challenges to the success of ubiquitous learning. Discussion session presented at the Sixteenth International Conference on e-Learning and Innovative Pedagogies, University of Valletta, Valletta, Malta.
Kenneth Miller	Miller, K. L. , Miller, S. M., & VanVoorhis, R. W. (2023, March). A cognitive-behavioral model of resilience for use in family therapy practice. Paper presented at the 2023 World Family Therapy Congress, Malaga, Spain.
Kenneth Miller	VanVoorhis, R. W. & Miller, K. L. (2022, August). Balancing Entry-Level Job Satisfaction Needs with Workplace Expectations. Poster session presented at the annual conference of Ohio School Psychology Association, Columbus. OH.
Kenneth Miller	Ratican, S. Ratican C, Miller, S. M., & Miller, K. L. (2022, June). Leveraging organizational leadership and cultural competence strategies to attract quality teachers to inner-city schools. Paper presented at the Twenty-second International Conference on Diversity in Organizations, Communities and Nations and sponsored by the University of Curacao, Willemstad, Curacao.
Kenneth Miller	VanVoorhis, R. W. & Miller, K. L. (2022, December). Preparing school psychologists to support families of children with low-incidence sensory disabilities. Presentation made to the Ohio Dean's Compact on Exceptional Children, Low Incidence Disabilities Committee, Columbus, OH.
Kenneth Miller	VanVoorhis, R. W. & Miller, K. L. (2022, November). Ohio special education supply chain management in related services: Balancing job satisfaction needs with workplace expectations. Presentation made to the National Coalition on Personnel Shortages in Special Education and Related Services and sponsored by the American Speech-Language-Hearing Association, Rockville, MD.
Kenneth Miller	VanVoorhis, R. W. & Miller, K. L. (2022, October). Balancing job satisfaction needs with workplace expectations: Results of a study with Ohio School Psychology interns. Presentation made to the Ohio Office for Exceptional Children, Columbus, OH.
Kenneth Miller	VanVoorhis, R. W. & Miller, K. L. (2022, June). Empirically-based

	strategies to facilitate resilience development in families with a child diagnosed with a low-incidence disability. Presentation made to the Low Incidence Committee, Ohio Department of Education, Columbus, OH.
Jake Protivnak	Protivnak, J. J. & Dooley, K. (2022, Oct. 19 th). <i>Mental Health Advocacy: Community Partnerships and Creative Interventions</i> . Presented at the 2022 All Ohio Counselors Conference, Columbus, OH.
Jake Protivnak	Protivnak, J. J., Kress, V. E., Spisak, T., & Clause, F. (2022, Oct. 18 th). <i>Supporting Struggling Supervisees: Strength-Based Support and Remediation Strategies</i> . Presented at the 2022 All Ohio Counselors Conference, Columbus, OH.
Jake Protivnak	Blanchard, R. & Protivnak, J. J. (2022, October). <i>Preparing Clinical Mental Health Supervisees for Work in a School Mental Health Setting</i> . Presented at the 2022 American Counseling Association (ACA) Virtual Conference.
Jake Protivnak	Protivnak, J. J. (2023, April 5 th). <i>Community Partnerships and Creative Interventions for Mental Health Advocacy</i> . Presented at the Department of Psychological Sciences and Counseling Symposium, Youngstown, OH.
Jake Protivnak	Kress, V. E. & Protivnak, J. J. (2023, Feb. 15 th). <i>Strength-Based Remediation Conversations with Supervisees</i> . Eastern Ohio Counseling Association. Youngstown, OH.
Jake Protivnak	Protivnak, J. J., & Spisak, T. (2022, Oct. 4 th). <i>Attachment Styles: Key Concepts for Attached – [Community Discussion]</i> . State of Mind: Hudson. Hudson, OH.
Jake Protivnak	Protivnak, J. J., Shlademan, K., Carter, B., & Marie Smith, A. (2022, Dec. 2 nd). <i>Mental Health Advocacy through Community Partnerships and Creative Interventions – [Panel Discussion – Projects]</i> . Leadership Hudson. Hudson, OH.

Student Scholarship

- Hollowell, A. G., Jackson, C. R., & **Cashbaugh, M.** (2022). *Leaning into difficult conversations through a social justice book club*. *The Ohio Psychologist*, 69, 7-9.
- Kress, V. E., **Forner E., & Reider, A.** (2022, Oct. 18th). *Nonsuicidal Self-Injury: Ethics and Legal Considerations for Counselors*. Presented at the 2022 All Ohio Counselors Conference, Columbus, OH.
- Protivnak, J. J., Kress, V. E., **Spisak, T., & Clause, F.** (2022, Oct. 18th). *Supporting Struggling Supervisees: Strength-Based Support and Remediation Strategies*. Presented at the 2022 All Ohio Counselors Conference, Columbus, OH.
- Protivnak, J. J., & **Spisak, T.** (2022, Oct. 4th). *Attachment Styles: Key Concepts for Attached – Community Discussion*. State of Mind: Hudson. Hudson, OH.

Student YSU Campus Wide Presentations – Office of Assessment:

In collaboration with the Institute for Teaching and Learning, YSU graduate students in the College Counseling & Student Affairs program track have designed and implemented continuous improvement projects building on student data collected through the National Survey of Student

Engagement & Noel Levitz Student Satisfaction Inventory. As the culminating activity of the work they have done, students publicly presented their data and fielding questions from campus stakeholders.

- **Veronica Erjavec & Christopher Santangelo** (Spring, 2023). Experience of First-Year Students Changing Majors.
- **Carmel R Cerimele & Sophie M Hecht** (Spring, 2023). Experience of International Students with Residence Hall Facilities.
- **Amelina T Herman, Becca McCurry, & Aaron Scott** (Spring, 2023). Exploring Experiences of Youngstown State University Transfer Students

Faculty Service Activities 2022-2023 (Examples)

<u>BCLASSE COLLEGE / DEPT Level</u>	<u>Faculty</u>
BCLASSE Disting. Prof. Review Committee	B. Kalkan
BCLASSE Graduate Curriculum Committee	J. Protivnak
BCLASSE Search Committee – AOS 1	J. Protivnak
CAEP Standard 4	K. Miller
Dept. Promotion Review Committee	J. Protivnak (Chair)
Deans Advisory Committee (DAC)	J. Protivnak
Student Org. Advisor: Chi Sigma Iota Eta	J. Protivnak
Student Org. Advisor: SALSA	K. Bruns
<u>YSU UNIVERSITY Level</u>	<u>Faculty</u>
Academic Senate (At-Large Member, Teaching and Learning Committee, Elections and Balloting Committee, Academic Programs Committee, Library Committee)	K. Bruns
Assessment Council	K. Bruns
University Research Council and Intellectual Property Commercialization Review - Subcommittee	K. Miller
Graduate Council – College of Graduate Studies	J. Protivnak
HLC Criterion 4 – Assurance Argument	J. Protivnak (Co-Chair)
JED Foundation Team	K. Bruns, B. Kalkan
Sabbatical / FIL Review Committee	J. Protivnak
Safe Zone Trainer	K. Bruns
<u>COUNSELING PROFESSION Level</u>	<u>Faculty</u>
American Counseling Association	V. Kress (Governing Council Representative; Nominations & Elections Committee; Fellows Committee)
Association for Counselor Education & Supervision	V. Kress (Nominations & Elections Committee)
Association for Counselor Education &	K. Bruns (Membership Committee Chair)

Supervision	
Editorial Board – Academic Letters	K. Miller
Editorial Board – Counselor Education & Supervision	V. Kress
Editorial Board – Measurement & Evaluation in Counseling and Development	K. Miller
Editorial Board – Journal of Counselor Practice	J. Protivnak
Editorial Board – Journal of Creativity in Mental Health (Ad Hoc)	V. Kress
Editorial Board – Journal of Mental Health Counseling	J. Protivnak
NCACES (ACES Region)	K. Bruns (Membership Committee Chair)
Ohio Association for Counselor Education & Supervision (OACES)	K. Bruns (Awards Chair)
Ohio Counseling Association (ACA Branch)	S. Tessmer (President)

Study Abroad – Africa:

- **Dr. Victoria Kress** led a group of Counseling Program students on a Study Abroad trip to Africa in Summer 2023. Counseling Program students participated in a study abroad experience in Rwanda, Africa presenting on mindfulness, social emotional learning, trauma informed care, and emotion regulation. They also visited places in Rwanda (e.g., the Genocide Memorial, the U.S. Embassy, Gisimba Memorial Centre, Urukundo Learning Center, Nyamirambo Women's Center, and Azizi Village). The students had the opportunity to share their knowledge, work alongside the people of Rwanda and experience their ways of life.

Community Involvement:

- The **Counseling Program** collaborated with YSU Student Counseling Services and recognized Teal Day in April 2023 with an information table to connect with YSU students outside of Kilcawley Center. Teal Day celebrates the work of Counselors and encourages awareness of the importance of counseling and self-care for Counselors. A special thank you to YSU Student Counseling Services for collaborating on the event, and to Clinical Mental Health Counseling internship students for sporting their ribbons for Teal Day!
- **Community Advisory Board Members** from Addiction Counseling, Clinical Mental Health Counseling, School Counseling, and College Counseling & Student Affairs areas met in Beeghly Hall to connect with each other and learn about the Counseling Program. The faculty met in small groups with advisory board members by program area to learn how we can continue to adapt our Counseling Program to produce highly knowledgeable and skilled graduates to meet the needs of area agencies, schools, and institutions.
- Counseling Program graduate students (i.e., **Julia Carson, Ara-Leah Hammann, Macy Metzger, Emily Stran, Stephanie Waltman**) led 50-minute small group 'Insight' book discussion sessions related to mental health themes found in the books selected for the YSU English Festival.
- **Kim Barrella**, Part-Time Counseling Faculty, presented a workshop for students and faculty entitled: LGBTQIA+ Affirming Practices in Counseling. She shared counseling practices utilized at Navigate when working with clients who belong to the LGBTQIA+ community, and how they foster an accepting environment for all identities.

- **Dr. Kristin Bruns** organized and led Counseling students and faculty to support the mental health and wellness of YSU students by offering a campus-wide Depression Screening Day.
- **Dr. Bilal Kalkan and Stephanie Waltman**, Clinical Mental Health Counseling Intern, spoke to YSU student athletes in their 'Life After Sports' KSS 1504 course in about career opportunities with a graduate degree in Counseling.
- **Dr. Bilal Kalkan**, Dr. Rich VanVoorhis, **Emily Stran**, and Maggie Galentine (Faculty and graduate assistants from the Counseling and School Psychology Programs) recruited students at the Spring 2023 YSU Career Exploration & Graduate College Fair on March 29th.
- **Dr. Kenneth Miller, Morgan Fisher**, Dr. Rich VanVoorhis, and Maggie Galentine (Faculty and graduate assistants from the Counseling and School Psychology Programs) delivered a presentation entitled Supporting Mahoning Valley's Parents of Children with Disabilities: A Resilience Model at the inaugural YSU Community Engagement Conference.
- **Dr. Jake Protivnak** served as President of State of Mind: Hudson. A community organization focused on increasing mental health awareness and reducing stigma for seeking treatment.
- **Dr. Jake Protivnak, Dr. Kristin Bruns**, Dr. Carrie Jackson, and Dr. David Frank and Maggie Galentine and **Stephanie Waltman** (Faculty and graduate assistants from the Counseling, School Psychology, & Psychology Programs) spoke to undergraduate students today about future graduate school options and career possibilities with a degree in psychology at the 'How to Prepare for Graduate School' workshop.
- **Dr. Jake Protivnak and Tiffany Spisak**, Clinical Mental Health Counseling Intern, co-led online community book discussion groups on how common attachment styles (i.e., secure, anxious, avoidant, anxious/avoidant) influence social relationships and mental health. The free online discussion groups offered during National Mental Illness Awareness Week were based upon the book 'Attached' by Levine and Heller and sponsored by State of Mind: Hudson, a community mental health advocacy organization.
- **Dr. Jake Protivnak**, Professor in Counseling / Program Director, delivered a presentation entitled "Community Partnerships and Creative Interventions for Mental Health Advocacy" to YSU students' faculty, and community members on April 5th in Debartolo Hall. The presentation focused on advocacy strategies for promoting mental health awareness and increasing access to treatment.

Collaboration:

- Students from Dr. Morgan Bagley's Athletic Training Master's Program and from **Dr. Jake Protivnak's** Counseling Program (COUN 7002 Prac 2 course) met together in Beeghly Center to practice clinical skills. Counseling student's role played the criteria of a specific DSM V-TR diagnosis (e.g., Adjustment Disorder, Major Depressive Disorder, PTSD, etc.) along with a minor physical injury typical of an athletically active person/student athlete. This assisted the Athletic Training students in providing a role play example of patients that may have both physical and mental health concerns. The Counseling Program students then switched and had a conversation with an Athletic Training Program student. The Counseling Program students demonstrated basic counseling skills (e.g., active listening, empathy, open-ended questions, immediacy, reflection, etc.) modeling the types of skills that Athletic Training Program students could incorporate into their work with patients.

Faculty / Student Honors & Awards - Examples

Faculty Recognition:

- **Dr. Kristin Bruns** - Student Service Award at the 2023 Annual YSU Student Awards Banquet on Thursday, April 27 at 6pm in the Kilcawley Center Chestnut Room. The Student Service Award recognizes an outstanding individual who has demonstrated exceptional commitment to students.
- **Dr. Kristin Bruns** – Received a University Research Professorship for 2022-2023. Suicide Competencies for Counselors in Training Scale. Youngstown State University Research Professorship.
- **Daniela Ghizzoni** – Eta Chapter CSI, Outstanding Practitioner Award at the 38th Annual Eta Chapter Chi Sigma Iota Induction Ceremony (2023)
- **Erin Hungerman** – Gillespie-Painter Award, YSU Student Awards (2023)
- **Dr. Emily Herman-McMillan** - Outstanding Full Time Faculty Award from the Dean's Dozen. Presented on Tuesday, April 25th at the 2023 Beeghly College of Liberal Arts, Social Sciences, & Education (BCLASSE) Honors Convocation (2023)
- **Dr. Victoria Kress** – Leadership Award. North Central ACES (NCACES) in 2022.
- **Dr. Jake Protivnak** – Distinguished Professor Award for Scholarship on Tuesday, April 17th at the 2023 Annual YSU Faculty & Staff Showcase. As a recipient of past awards for teaching and service, he also received the special title of Distinguished Professor from the YSU Office of Academic Affairs on April 25th.
- **Dr. Jake Protivnak** – Susan J. Sears Counselor of the Year Award presented by the Ohio Counseling Association to a counselor who has gone beyond the call of duty by demonstrating exceptional service applying the goals of the Ohio Counseling Association supporting and advocating for professional licensed counselors, clients, counselor educators, and supervisors throughout the state (October 2022).

Student Recognition:

- **Frances Clause** – Honorary Student Marshall for Fall 2022 Commencement
- **Amber Rothwell** - Mental Health Awareness Art Contest 2021, YSU Student Counseling Services
- **Emily Stran** – Eta Chapter CSI, Outstanding Student Award (2023)
- **Adrian Waldron** - Counseling Student Pet Photo Contest, Adrian Waldron (Clinical Mental Health Counseling Track Student) and her adorable dog Goldie (short for Golden Hashbrown)

Recipients of the 2023 Counseling Program Scholarships:

- **Laura McDonough** - Catherine & Kenneth Baker Scholarship
- **Hannah Lanza-Roth** – Dr. Robert A. DiGiulio Scholarship
- **Adrian Waldron** – Dr. Lawrence DiRusso Scholarship
- **William Horn & Shelby Wellington** – Harvey Neal Kretzer Memorial Scholarship
- **JoAnna Villaneva** – Chuck H. Whitman Student Services Scholarship

Student Leadership:

- **Nyasia Lewis** - Clinical Mental Health Counseling Program student, was selected to serve as the Graduate Student Representative on the Beeghly College of Liberal Arts, Social Science, and Education (BCLASSE) Dean's Dozen. The Dean's Dozen serves as an advisory group to the Dean of BCLASSE.

- **Emily Stran** – Clinical Mental Health and School Counseling Program Student & Graduate Assistant, who has been selected as the BCLASSE representative for the 2022-2023 Graduate Student Advisory Council. This group meets throughout the year to serve as a student advisory board to the Dean of the Graduate School, Sal Sanders, and has representatives on standing committees.

Students Inductions into Honor Society (Chi Sigma Iota):

Counseling Program graduate students were inducted into Eta Chapter, Chi Sigma Iota on Thursday, April 6th at the 38th Annual Induction Ceremony in McKay Auditorium in Beeghly Hall. Ms. Staci Tessmer, Licensed Professional Clinical Counselor with Supervisor Designation and Training Coordinator at Kent State University's Counseling and Psychological Services, was the special guest speaker.

Congratulations to the following 29 graduate students inducted into the International Honor Society for Counselors: Makayla E. Arcuragi; Jasmine Black; Sabastian Brown; Julia Carson; Marissa Cashbaugh; Gabrielle A. Chapman; Hailie B. Durst; Veronica Erjavec; Emma H. Forner; Amy M. Friend; Kendra M. Godiciu; Mioma G. Gore; William T. Horn; Austin Klingensmith; Justine Knauf; Nyasia Lewis; Molly Leonard; Morgan Martin; Jordan Sarjeant; Aaron Scott; Aline Scott; Sharon D. Singletary; Cody V. Smith; Emily Stran; Benjamin E. Unger; Christina VacLav; Beverly E. VanDyke; Jo Anna M. Villanueva; and Heather Willems.

New 2023-2024 CSI Officers, Emily Stran, Emma Forner, Julia Carson, and William Horn were recognized. Daniela Ghizzoni, Outpatient Behavioral Health Counselor at COMPASS Family & Community Services, received the Eta Chapter CSI Outstanding Practitioner Award and Emily Stran, Clinical Mental Health Counseling & School Counseling graduate student received the Eta Chapter CSI Outstanding master's Student Award. For more information about Chi Sigma Iota (CSI), contact Dr. Jake Protivnak, Professor / Counseling Program Director and Chapter Faculty Advisor at jjprotivnak@ysu.edu.

Eta Chapter, CSI Officers for 2022-2023:

President – Morgan Fisher
Vice-President – Jessica Knickerbocker
Treasurer – Meredith Grimes
Secretary – Lindsay Sinkovich

Eta Chapter, CSI Officers for 2023-2024:

President – Emily Stran
Vice-President – Emma Forner
Treasurer – Julia Carson
Secretary – William Horn

Student Affairs Leadership Support Association (SALSA):

A student organization with a focus on issue and events applicable to graduate students within the College Counseling and Student Affairs counseling program track.

SALSA Officer for 2022-2023:

- President – Sophie Hecht
- Vice President: Rebecca McCurry
- Treasurer: Christopher Santangelo
- Secretary: Samantha Johnson

SALSA Officer for 2023-2024:

- President – Erin Urbaniak
- Vice President: Veronica Erjavec
- Treasurer: Jordan Record
- Secretary: Aaron Scott

Counseling Program Graduates

Spring 2023 - 15 Counseling Programs students received their master's degrees.

- Tiffany Dorsey
- Anthony Durkin
- Nina Frattaroli
- Mioma Gore
- Meredith Grimes
- Sophie Hecht
- Jessica Knickerbocker
- Autumn Manfredi
- Rebecca McCurry
- Kyle Metzger
- Mackenzie Olesky
- Christopher Santangelo
- Jenna Siefert
- Nino Vigorito
- Stephanie Waltman

Fall 2022 - 10 Counseling Programs students received their master's degrees.

- Frances Clause
- Amelia Cornell
- Akilah Daniels
- Mallory Drummond
- Gryphon Johnson
- Raven Logan
- Emily McConnell
- Carrie Miller
- Alexis Musgrove
- Tiffany Spisak

Summer 2022 - 28 Counseling Programs students received their master's degrees.

- Alek Ball
- Alexandra Adler
- Ashley Anthony
- Lenora Boyer
- Alexander BuCher
- Anna Beeker
- Gavin Colligan
- Lindsey Dugan
- Ash Edwards
- Rebecca Eggleston
- Francesca Frazeskis
- Olivia Fustos
- Allison Hernandez
- Isabella Iures
- Anthony Jasinski
- Taylor Jones
- Holly Kane
- Bryan Kline
- Sarah Marek
- Nicolette Mendez
- Dean Moyer
- Carly Ondash
- Meghan Perretta
- Rebecca Potkanowicz
- Justin Shaughnessy
- Rachel Strollo
- Clarie Testa
- Abby Wilson

Community Partnerships in 2022-2023 (examples)

Addiction Counseling & Clinical Mental Health Counseling

- Alta Behavioral Healthcare Group
- Cadence Care Network
- Columbiana Counseling Center
- Community Counseling Center
- Compass Family and Community Services
- Comprehensive Behavioral Health
- Greentree Counseling Center
- Family and Community Services
- Hope and Healing Survivor Resource Center
- Human Services Center
- Insight Clinical Counseling and Wellness
- Mahoning County Juvenile Court

- Neil Kennedy Recovery Centers
- New Day Recovery
- PsyCare
- Sharon Regional Medical Center
- Stepping Stones
- The Centers
- Valley Counseling Services
- Youth Intensive Services
- Youngstown Treatment Services

College Counseling & Student Affairs

- Baldwin Wallace University
- Eastern Gateway Community College
- Kent State University
- Thiel College
- University of Mount Union
- Youngstown State University

School Counseling

- Case Elementary School
- Conneaut Area High School
- East Middle/High School
- East Liverpool School District
- Harding Elementary School
- Impact Academy
- Liberty High School
- Taft Elementary School
- Robinwood Lane
- Volney Rogers
- Youngstown City School District